



REGULUS II

Offerings from this series have huge overlap with Solar significations, but also some Jupiterian and Martial, being related to matters of promotion, achievement of high stations, self-confidence, and fame. Regulus is also a wonderful influence for dispelling melancholy, depression, and anxiety, while promoting a sense of *joie de vivre*, wholeness, and generalized wellbeing. Its rays warm the body, mind, and spirit, and provide a sense of clarification and upliftment.

Regulus can be used to treat issues related to: self-esteem; confidence; self-promotion; putting oneself 'out there' for the world to see; catching the notice of 'Kings' — powerful people and spirits, earning their favor; patrilineal healing; depression; anxiety; feeling more comfortable being oneself; shining; authority; charisma; visible worldly success; generosity; clear vision; strength of blood, body, and heart.

Side effects: Regulus is a generally benefic influence, but yang and Solar excess can present issues with self-aggrandizement and importance, an inflated ego, and a thirst for power and attention.

Drawing the Seal: Whenever beginning work with a stellar or planetary power, take the time at the start of a working to imagine or draw the glyph and thank it, even mentally. For Regulus, ideally in the color of yellow, orange, or gold, or in the air in front of yourself.

Practical Applications: Use these offerings before making public or important appearances to showcase your value, feel more comfortable in your own skin, carry yourself with authority, maximize charisma, and be seen at your best and brightest.

Planetary Days + Hours: The Sun (Sunday), or Jupiter (Thursday), or Mars (Tuesday) are all compatible, per the nature of what you're trying to accomplish. To remediate issues related to Solar principles, use these offerings in the right day and hour. Otherwise, simply apply as needed!

Mantra: There is no dedicated mantra for Regulus in the Vedic system, but there is for the Nakshatra in which it resides, Magha. This is ruled by the Pitrs, or the Ancestral Fathers, and working with it removes karmic debts and blocks, opening the way for prosperity, happy marital relationships, a fulfilling sex life, high rank and status, and career success. *Om Pitrbhyo Namaha.*

Orphic Hymn: The Orphic Hymns are prayers to certain Gods and planetary powers. They can be used for propitiation and to gain favor. Here is the prayer to Astron/ the Stars, lightly modified to address Regulus.

*With holy voice I call Aldebaran on high, pure sacred light and genii of the sky.
Celestial star, the progeny of Night, in whirling circles beaming far your light,
Refulgent rays around the heav'ns ye throw, eternal fires, the source of all below.
With flames significant of Fate ye shine, and aptly rule for men a path divine.
In seven bright zones ye run with wand'ring flames,
and heaven and earth compose your lucid frames:
With course unwearied, pure and fiery bright forever shining thro' the veil of Night.
Hail twinkling, joyful, ever wakeful fire! Propitious shine on all my just desires;
These sacred rites regard with conscious rays, and end our works devoted to your praise.*