



## SOL IN LEO

In the bright image of Sol, offerings from this series are uplifting, warming, and whole-making. They were ritually created on an excellent Sun in Leo election, the sign of its own rulership, trine a supportive and excitable Moon-Jupiter conjunction in Sagittarius. Their applications include personal development and healing, as well as outer recognition. Election chart available on website.

**Can be used for:** Purification and stabilization of the self and ego; healing trauma; promoting heart-centeredness; clearer vision and perception (literal and metaphorical); building core self-esteem; dispelling feelings of melancholy; banishing dark energies and states; self-actualization; leadership; Solar remediation; overcoming sadness or hopelessness; healing a broken heart; early waking/diurnal support; raising energy levels; fame; promotion; recognition; being seen at your best and brightest; increasing personal charisma; self-assuredness; meditation; self-development; improving patrilineal or power relations; increasing inner and outer congruence, etc.

**For Practical Purposes:** Anoint, spray, or smoke bathe yourself before making appearances or presentations where you'd like to be seen at your best, brightest, and most confident. Good for gaining attention and authority, fame, and promotion. Releasing limiting beliefs and states.

**For Solar Remediation + Observation:** Apply offerings from this series or burn as an offering to the Sun on Sundays and/ or the Sun's planetary hour. Wednesday after sunset is the Sun's night.

**In Ritual:** Use before Solar rites or rituals for empowerment, self-actualization, discovery, or healing. Anoint sigils; use the powder or oil to dress candles, etc.

**Oil of Egg:** Faster healing + anti-aging properties. Apply a small amount to wounds, scars, or face.

**Side effects:** Warming; perform a small patch test for skin sensitivity. May cause sleep disturbance.

**Orphic Hymn:** The Hymn to Helios follows —

*Hear golden Titan, whose eternal eye with broad survey, illumines all the sky.  
Self-born, unwearied in diffusing light, and to all eyes the mirror of delight:  
Lord of the seasons, with thy fiery car and leaping coursers, beaming light from far:  
With thy right hand the source of morning light, and with thy left the father of the night.  
Agile and vigorous, venerable Sun, fiery and bright around the heav'ns you run.  
Foe to the wicked, but the good man's guide, o'er all his steps propitious you preside:  
With various founding, golden lyre, 'tis mine to fill the world with harmony divine.  
Father of ages, guide of prosperous deeds, the world's commander, borne by lucid steeds,  
Immortal Jove, all-searching, bearing light, source of existence, pure and fiery bright  
Bearer of fruit, almighty lord of years, agile and warm, whom ev'ry pow'r reveres.  
Great eye of Nature and the starry skies, doom'd with immortal flames to set and rise  
Dispensing justice, lover of the stream, the world's great despot, and o'er all supreme.  
Faithful defender, and the eye of right, of steeds the ruler, and of life the light:  
With founding whip four fiery steeds you guide, when in the car of day you glorious ride.  
Propitious on these mystic labors shine, and bless thy suppliants with a life divine.*