



## COMFORT

### Ancestral Series Sub-Set

Offerings from this Ancestral Series sub-set designed to calm and comfort your Ancestral Dead, soothing familial inflammations. They can be useful for those with complicated family histories or unease surrounding Ancestral work, as their effects are anaesthetizing and help facilitate cooperation, intimacy, affection, and healing. They can also be used to calm restless dead.

You may find the Matrilineal side of your family or female Ancestry is most receptive.

The Ancestral Comfort series is best used standalone, rather than paired with the Empowerment or Channel sub-sets, given its sedating nature.

**Ancestral Comfort Oil:** Anoint images or names of specific dead, grave stones, or urns to bring comfort and peace. Anoint oneself to reduce anxiety around Ancestral work, or when sadness and mourning bring heavy heartedness.

**Ancestral Comfort Incense:** Burn after calling the Ancestors to ritual if you desire to facilitate comfort, peace, calmness, and healing. Bathe images, mementos, grave dirt, or cremains in the smoke. Bathe oneself to soothe Ancestral trauma.

Note that the incense is depicted with a smoke or fire symbol after the sub-set name to differentiate it from the powder. The formula is self-igniting, meaning it can be formed into a mound or sigil shape on a heat-proof surface and lit directly.

**Ancestral Comfort Powder:** Mix into the dirt below the top soil at a gravesite to help bring peace to the deceased. Mix into cremains or any grave dirt you've harvested. Use as an ingredient in talismans and reliquaries designed for like Ancestral purpose. Use to dress candles.

**Post-Op:** Washing and changing clothes may be necessary after heavy Ancestral work to maintain personal vitality and disconnect from the Deadrealms. Pay close attention to dreams and omens following Ancestral ritual. Banish and clear the space if need be, or perform operations outdoors.